

KEVIN REMPEL & ASSOCIATES INC.

TRAINING AND DEVELOPMENT SERVICES

Olympic Principles That Drive Influential Leadership

Overview

Leadership today continues to search for solutions to support managers as they lead their teams in productive and healthy remote work environments. Guiding employees in the right direction to support wellbeing requires empathy, psychological safety, thought-out communication, and the right tools and solutions on a consistent basis.

In this session, Kevin Rempel helps leaders come together to brainstorm solutions in group discussions on what gaps exist in these areas, and how managers can encourage employees to leverage support.

Managers will reflect on how they are leading, identifying areas for improvement to connect deeper with their teams while fostering a spirit of trust to inspire open dialogue and improved communication.

This program is ideal for leaders and people managers who are in a rapidly changing environment, teams who are seeking to establish a deeper level of trust, and high performing cultures who may need a reminder to continue doing the small things that can contribute to a healthy organization.

Participants will take part in highly interactive brainstorming sessions, identifying problematic areas, working together to create solutions, all while helping the organization gain further insights to understand where their employees are struggling and need help the most, and discover tools to manage these aspects proactively.

Learning Objectives

1. How to foster a culture of wellbeing led by inspirational leadership
2. How to continue to adapt to a changing environment, maintain momentum, and grow through adversity
3. How to be flexible and accommodating while working with employees virtually to build trust and strengthen team cohesion
4. How to create trust as a post pandemic leader

Delivery Methodology and Process

1. Keynote (up to 60 min)
2. Keynote + Workshop (90 min total)
3. Workshop Series (Timing TBD)

Target Audience

This program is ideal for leaders and people managers who support high performing teams who are at risk of burnout, teams facing increased workloads due to organizational restructuring, rapidly changing demands of remote work, and organizations who are seeking a deeper understanding of employee's needs to help support wellness initiatives.

Bio for Conference Literature/Introduction

Kevin Rempel is a keynote speaker, trainer, author, and 2014 Paralympic Bronze medalist in sledge hockey. Having lived the unimaginable, Kevin's direct delivery style combined with compelling storytelling, grips audiences to their seat as they discover the unique qualities that Kevin has acquired exist within themselves. Raw and engaging, Kevin teaches mental resilience strategies to create healthy individuals and winning teams.

Audio Visual Requirements

- Flip Chart
- Lavalier Hands-free Microphone and associated speakers, if room requires
- Screen (Large)
- Overhead Projector
- LCD Projector
- Audio / Video sound patch
- Slide Projector
- Can be offered online/virtually; above requirements not necessary in that circumstance

Contact Information

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